

A woman with long, dark hair is running on a sandy beach. She is wearing a white, long-sleeved, button-down shirt that is open at the waist, revealing a black bikini bottom. Her hair is blowing in the wind, and she has a joyful expression. The background features a clear blue sky with scattered white clouds and some green and yellow bushes in the distance.

Out of the Blue
CAPSIS ELITE RESORT

Ageing - Well

MEDICAL Aesthetic Treatments

Our Associate Doctor



Dr. Xirotiris Theodoros Head Doctor

Medical Diploma: Aristotle University of Thessaloniki, Greece

Title of Speciality: Plastic Aesthetic & Reconstructive Surgery

Specialist in: Surgical & aesthetic dermatology • Laser • Anti-ageing Medicine

Special Training Courses in: Microsurgery and hand surgery



dōublo-s

2nd GENERATION HIFU

The only non-invasive procedure for non-surgical Face Lifting & Tightening



- Focused Ultrasound technology (at depths up to 4,5 mm for face & 13mm for body)
- A single, non-surgical treatment
- Works from the inside-out to lift and tighten skin
- Stimulates the growth of fresh, new collagen and elastin
- Ideal for: face, neck, décolleté and body
 - Safe, fast treatment
 - No downtime
- Natural, immediate & long-lasting results



verjú™
by Erchonia®

The WORLD'S FIRST and ONLY Green laser to receive 3 x FDA clearances for non-invasive fat loss, obesity and reduction in the appearance of cellulite



- Low-energy diode laser technology
 - Non-invasive inch loss method (2-4 cm from the 1st session)
- Ideal for: belly, love handles, arms, legs, buttocks & knees
 - No downtime

It can be combined with the Dukan Diet, Detox 5+™ or a custom nutrition plan



CRYO LIPOLYSIS
MICCOOL-A™

Non-invasive body
cryo-sculpting



- Fat cell reduction with the use of freezing technology
- Permanent results
- Ideal for: belly, love handles, arms, thighs & knees
- 1hr treatment
- No downtime

*It can be combined with the Dukan Diet,
Detox 5+™ or a custom nutrition plan*



AquaGlo
mini™
Abrasion-Free Liquid Facial Rejuvenation

Luxurious Liquid
Facial Rejuvenation



- Cleansing - Gentle Aquafoliation
- Lift N' Smooth - Gentle Suction
 - Moisturize N' Plump
 - No downtime
- Safe for all skin types



OxyOasis™

Micro Mist Facial System

Drench your skin with oxygen enriched facial spray



- A unique method offering direct hydration
- Combines clean oxygen with rich vitamins and antioxidants infusion
- Soothes internal stress, rejuvenates and reinforces skin cell health
- Cleanses, nourishes, hydrates and rejuvenates all skin cells
- Improves skin elasticity, smooths lines and wrinkles



celluma

Developed by Nasa.
Backed by Science.



- FDA approved, non-invasive LED Light therapy
- Treats acne, fights wrinkles and eases pain
- Promotes collagen and elastin production, increases micro-circulation and tissue repair and decreases inflammation and pain



Coolifting®

Beauty By The Cold,
Look Younger In 5min!



- Removes fine lines on the face and neck
- Improves the appearance of even the most prominent wrinkles
- Deeply hydrates the skin and restores natural shine and firmness



MOLECULAR HYDROGEN MESOTHERAPY

Innovative molecular H₂
enriched facial spray mesotherapy



Advanced molecular H₂
Infusion mesotherapy (AMIM):
Molecular hydrogen mesotherapy acts
as a selective antioxidant targeting
only the worst of the free radicals



- Penetrates the skin cell
- Protects mitochondrial health
- Eliminates free radicals
 - Smooths fine lines
- Enhances collagen production



MESOTHERAPY

Needle or no-needle method



- Deep hydration and wrinkle improvement
- Ideal for: face, neck, décolleté
- Body Mesotherapy: tightening, cellulite reduction and stretch mark improvement



BIOREVITALIZATION

Repair - Refill - Stimulate (RRS)

- The next step of Mesotherapy
- Needle or no-needle method
- Ideal for: forehead (botox-like effect), eye bags & dark circles, lower face laxity and neck



GENERAL TREATMENTS



- Clinical Examination & Consultation
- Abrasion-free Liquid Facial Rejuvenation
 - Botox
 - Fillers
- Threads for Face & Body
- PDO - COG - Silhouette Soft

Out of the Blue

Medical wellness at Out of the Blue, Capsis Elite Resort offers an exemplary wellness experience to our guests, using the most advanced cosmetic services available worldwide. Treatments are based on minimally or non invasive medical wellness techniques for the face and body, aiming to minimize downtime and recovery time.

Our treatment professionals are dedicated to offer you the highest level of care.



Contact our associates today

E medical@capsis.gr **T** +30 6932 199 366 **W** www.capsis.com



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CAPSIS ELITE RESORT

Aghia Pelaghía, 71500 Heraklion, Crete, Greece

T +30 2810 811 112 F +30 2810 811 076

E reservation@capsis.gr W capsis.com